



# Pets R' Us Essential Oils Wellness Tips



## Muscle, Joint, and Inflammation Pain Remedy

Combine equal drops of Lemongrass, Marjoram, and Frankincense EO's. Apply 3 drops topically along spine and on clean, unharmed skin above trauma area. Dilute with fractionated coconut oil if pet is sensitive.



## Allergies & Insect Bites and Stings

Diffuse a mix of Lemon, Lavender, and Peppermint EO's.

Dilute equal parts of Lemon, Lavender, and Peppermint EO's with fractionated coconut oil and apply topically to affected area, or under chin for aromatic treatment.



## Ear Care

Nearly fill a 4 oz glass dark bottle with witch hazel. Add 20 drops each of Lavender and Frankincense EO's. Mix well and apply to cotton swab, rub gently under ear. Always use a fresh cotton swab for each ear. 20 drops of Basil EO may be added if dog experiences heavy ear discharge.



## Dental Care

Toothpaste: Blend 2 tbsp. coconut oil, 1 tsp baking soda, 5 drops On Guard EO or 5 drops of a blend of Orange, Clove, Cinnamon, Eucalyptus, and Rosemary EO's. Wrap a small gauze pad around finger, dip in homemade toothpaste and clean teeth with circular motion.